



**CKFCA**  
**True North Youth Camp**  
**2025**

**Empowering the Next  
Generation**



**Dates:** 6–10 October 2025

**Location:** Prince Albert, Central Karoo

**Participants:** 61 young people (aged 18–35) from 7 communities

### **Mission & Objectives**

- **Goal:** To provide a bridge of knowledge, networks, and personal development.
- **Core Focus:** Strengthening emotional and social resilience.
- **Key Topics:** Self-belief, stress management, substance abuse prevention, career opportunities, and community engagement.

## Programme Highlights

- **Day 1:** Motivation, belonging, and resilience (Naaim Briesies & Henry Piedt).
- **Day 2:** Food security, environmental justice, and community initiatives (Langhuis, Renu Karoo, PACT).
- **Day 3:** Health, safety, and discipline (SAPS, Social Development, sports).
- **Day 4:** Career pathways (ECD focus) and organizational mission.
- **Day 5:** Reflection and closing.

## Key Impact & Outcomes

- **Individual Growth:** Participants reported increased confidence, better communication, and clearer career goals (e.g., interests in catering, ECD).
- **Community Connection:** Hosting in Prince Albert allowed youth to see their own regions through a new lens and foster local relationships.
- **Collaboration:** Successful partnership with local organizations like PACT creates a framework for future local development.

## Participant Profile & Logistics

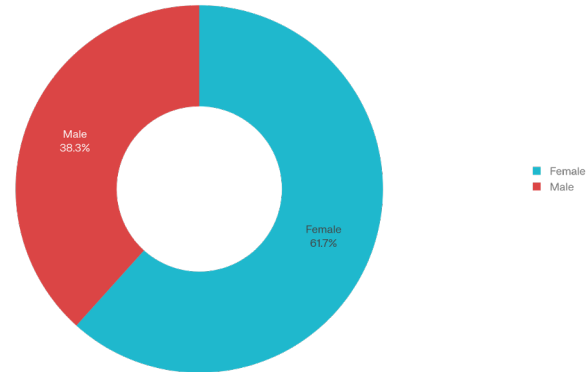
- **Demographics:** 61.7% female / 38.3% male.
- **Age Range:** Primarily 18–29, with board members (35–40) also participating.
- **Operational Success:** 90 stationary and hygiene packs provided to participants.



Female vs Male ratio (participants)

Source: YCamp-2026.xlsx | counts from participant list

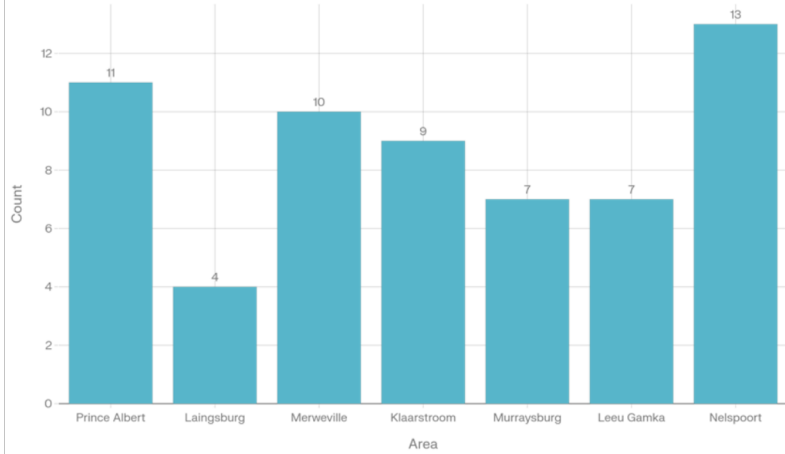
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### Participants by area (counts)

Source: YCamp-2026.xlsx | area summary sheet

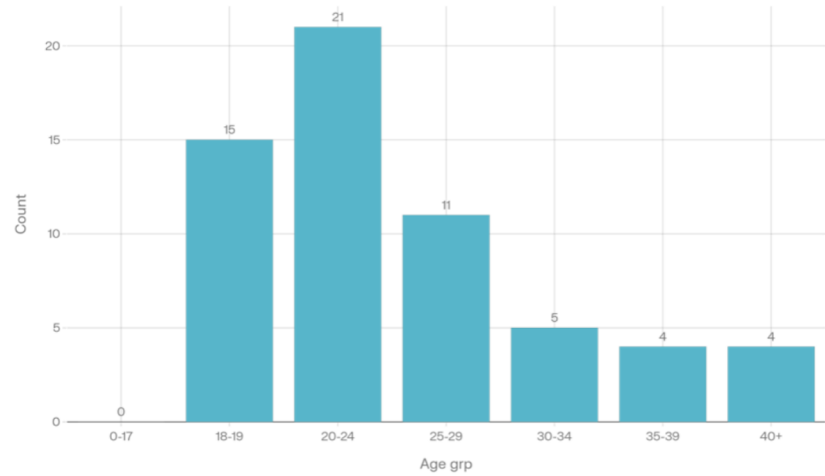
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### Age groups of participants (distribution)


Source: YCamp-2026.xlsx | grouped from participant ages

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## Continuous Improvement/ Lessons learnt

- **Logistics:** Implement a waiting list to account for last-minute cancellations (eg. target: 70 invites for 60 spots).
  - **Leadership:** Strengthen board member briefings and role clarity.
  - **Facilitation:** Prioritize local facilitators for better contextual alignment.
  - **Programme:** Include more structured evening sessions and entertainment to keep engagement high.
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## Quotes from the youth

“I have a learned about being grateful”

“I have learned a lot of different skills, some of them teamwork, thankfulness and working under pressure.”

“I look forward to working with CKFCA in the future.”

“My favorite activity so far was our visit to the Langhuis. I have learned about which path I have to follow. The visit made me realize what I actually wanted to do with my life and that is catering. I also liked the fact we are all from different towns and we needed to adapt and accept each other. I have also met some new people that I might need in the future.”“The camp also improved my self-esteem. I have more confidence.”

“Thank you, I really enjoyed our visit to the different places. I have learned a lot. I experienced things that I have never done before. I also met new people and made some valuable friendships.”

“My communication skills have improved and I would really go back home and try to make a difference wherever I go. I would also share my experience at the camp in Prince Albert with other young people.”



Left: Inspirational video for the camp from Ivan Meyer, Minister of the WC Department of Agriculture, Economic Development and Tourism.

Below: Prince Albert town tour, Showroom evening event, Renu Karoo visit





Left: Group work, Right: Community Presentations